

The Ten Generations from Adam to Noah (Genesis 5)

	<u>Name</u>	<u>Meaning</u>
1)	אָדָם <i>Adam</i>	Man
2)	שֵׁת <i>Seth</i>	Appointed
3)	אֵנוֹשׁ <i>Enosh</i>	Subject to Death
4)	קִינָן <i>Kenan</i>	Sorrowful/Lamenting
5)	מַהֲלַל־אֱלֹהִים <i>Mahalalel</i>	From the Praise of God
6)	יָרֵד <i>Jared</i>	One Comes Down
7)	חֵנוֹךְ <i>Enoch</i>	Learning Obedience
8)	מֵתוּשָׁלַח <i>Methusaleh</i>	Dying He Shall Send
9)	לָמֶךְ <i>Lamech</i>	To the Poor/Lowly
10)	נֹחַ <i>Noah</i>	Rest