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A Redemptive View of Suffering

- All things are *yad Hashem* (in G-d's hand)
- Suffering reveals potential
- G-d disciplines those He loves
- Suffering is never in vain
 - o Personal growth
 - Help others

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.

-2 Corinthians 1:3-4